

# Who needs a Well-Child Checkup?







#### When do I need to get a check-up?

Getting a checkup at the right time is the best way to make sure your child gets the medical care he or she needs.

Babies need check-ups at:

- ✓ 1 month
- ✓ 2 months
- ✓ 4 months
- ✓ 6 months
- ✓ 9 months
- ✓ 12 months (1 year)

**Toddlers** need check-ups at:

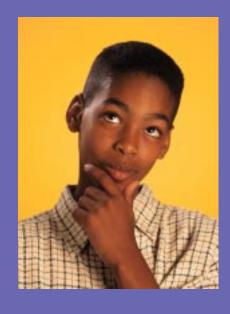
- ✓ 15 months
- ✓ 18 months
- ✓ 24 months (2 years)

Young Children need check-ups at:

- ✓ 3 years (36 months)
- ✓ 4 years
- ✓ 5 years
  - 6 years

Older Children and Teenagers need:

✓ a check-up <u>every</u> year





#### What do I need to do?

Make an appointment for a well-child check-up!

If you are on Medicaid's Patient 1st program, call your child's personal doctor to find out who he or she should see for the well-child check-up (sometimes called a screening). Sometimes it will be your personal doctor. Other times it may be a nurse with special training.

If you are not on the Patient 1st program, you will need to find a doctor, nurse or clinic for your check-ups. Be sure that the doctor, nurse or clinic you want to go to does EPSDT well-child check-ups (or screenings).

# Check-ups are for all children!

Here's what you need to know about well-child check-ups!

## 1. Check-ups are FREE

If your child is on regular or Patient1st Medicaid, he or she can get FREE well-child check-ups! Well-child check-ups are doctor visits you go to when you are well. Well-child check-ups are where you find out how to stay healthy or if you have any problems that you need to take care of. Check-ups are a time for you to ask questions about any health concerns you have about your child.

### 2. You go for check-ups at certain times

There are certain times your child needs a well-child checkup. For example, because babies change a lot, they need 9 different check-ups before age 2 (Look on the back of this paper for a list of the times you need to go.) After age two, your child needs a well-child check-up every year until he or she is an adult (age 21).

Well-child checkups are sometimes called screenings or EPSDT visits. Don't worry! It means the same thing. What really counts is that your child goes for all of the checkups he or she needs to be healthy!



## 3. You get a complete exam

When you have a well-child checkup, your check-up doctor or nurse will give your child a complete exam. He or she will check:

- \* to see if your child is growing as he or she should,
- \* for ear or eye problems,
- \* for sugar diabetes,
- \* for low blood or sickle cell disease,
- \* stomach problems,
- \* to see if any shots or tests are needed, and
- \* on any medical problems your child has.

# 4. No limits on doctor visits after a check-up

If your doctor finds a health problem, he or she will make sure you get the care you need. You will be sent to another doctor or place if you need care your check-up doctor does not provide.

If you are in the Medicaid Check-up Program, there are NO Limits on the number of doctor visits **after** you have had a well-child check-up (also called an EPSDT screening). Note: Some services may need special approval.

